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### City tour, Sacred Valley and Machu Picchu

3 days 1 night included

Day 1 you will have a combined afternoon excursion from around 2.00 p.m until 6.45 p.m. visiting the city of Cusco and the surrounding areas. You will visit the Sacred Valley of the Incas on day 2 before visiting the Machu Picchu ruins and returning to Cusco on Day 3.



Easy Moderate Difficult

### Itinerary

#### Day one

You will be picked up from your hotel at approximately 1.30pm to begin the tour at 2.00 pm. Then we will visit:

**Temple of the Sun (Koricacha)** – The premier temple of the Inca began around 1200AD. Between 1438 and 1471 it was given a major remodel adding gold plates to the walls and floors, life size gold and silver statues of the gods to their individual sanctuaries and a golden garden and courtyard. The Spanish stripped it bare and melted the metals, destroyed much of the building and erected a church and convent.

**Sacsayhuaman** – A walled complex near Cusco. There is a legend which says the mountains, earth and wind helped carry the boulders to build Sacsayhuaman, it was built with supernatural power. The reality is the Incas built it with their own hands.



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**Q'enko** – Part of the Sacsayhuaman archaeological park. Q'enko is located on Socorro Hill and used to be a religious spot of the Incas where they performed rituals.

**Puca Pucara** – Not the most impressive ruins in the region however the sights offer excellent views of the Cusco valley and glacier formations to the South. It's believed that Puca Pucara was an Incan military checkpoint between Cusco and Antisuyo. Some of the features include watchtowers, aqueducts, warehouse rooms and a series of rectangular containment structures.

**Tambomachay** – A place where ceremonies took place, thanking God for water and precious gifts, it grows and giving life to all creatures of the universe.

### Included in the price

- Entrance to Qoricancha 10 soles
- Tourist bus
- Bilingual Guide Spanish/English

### Not included in the price

- General tourist ticket - Foreigners 130 soles

### Necessary items to bring

- Hat
- Sun block
- Camera
- Bottle of water
- Rain poncho

### Day two

At 8.30 a.m. we will meet at the office or your hotel in Cusco in order to visit the Sacred Valley of the Incas.

You will visit the long valley of the Urubamba River and Pisac ruins. This is some of the best stonework you will see in Peru or elsewhere spanning a kilometer or 2 along a mountain ridge at 3250m.

You will also visit a typical market where people from all over the highlands with their products, buffet lunch in the city of Urubamba. You will then visit the Ollantaytambo ruins. The huge steep terraces which guard Ollantaytambo's spectacular Inca ruins mark one of the few places where the Spanish conquistadores lost a major battle. Though Ollantaytambo was a highly effective fortress, it also served as a temple. A finely worked ceremonial centre is at the top of the terracing.

Connection from Ollantaytambo to Aguas Calientes (Machu Picchu town) where you will stay overnight.

### Included in the price

- Tourist bus
- Professional English guide in group service



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## Not included in the price

- General tourist ticket - Foreigners s/130 Partial s/70
- Lunch “buffet” 25 soles.

**Important – Arrive to Ollantaytambo train station 30 minutes before the train leaves. At 7.00 p.m. the train leaves Ollantaytambo to Aguas Calientes where we will arrive at 9.00 p.m. You will be taken to your hostel where your tour guide will give you a briefing for Machu Picchu.**

## Day three

You will meet with your guide very early and you will take the bus that will take you on a journey of 30 minutes, climbing a zigzag path, to the incredible Machu Picchu. The tour includes a guided tour of the Citadel, visiting the Main Plaza, the Circular Tower, the Sacred Sun Dial, the Royal Quarters, the Temple of three windows and various cemeteries around for more that two hours. After that you will have free time to continue visiting the ruins on your own. We recommend:

- Visiting the Temple of the Moon – to get to the small Temple of the Moon, you take a plunging path down past Wayna Picchu. The trail is easy to follow but involves steep sections, a ladder and an overhanging cave where you have to bend over to get back. The spectacular trail drops and climbs steeply before plunging into the cloud forest. Suddenly, you reach a clearly area where the small, very well made ruins are found.
- The Inca bridge – on the other side of the ruins, a scenic but level walk from the Caretaker Hit of the Funerary Rock which takes you right past the top of the terraces and out along a narrow, cliff clinging trail to the Inca drawbridge. In less than half hour’s walk, the trail gives you a good look at cloud-forest vegetation and an entirely different view of Machu Picchu. You will have to be content with photographing the bridge from behind a barrier a few hundred metres above it, as someone crossed the bridge a while back and tragically fell to their death.
- Intipunku (Sun gate) – looking at the hill behind you as you enter the ruins, you can see both the trail and Intipunku. This hill, called Machu Picchu, or ‘old peak’ gives the site its name. It takes about an hour to reach Intipunku.
- Huayna Picchu Mountain at 10:00 a.m. which usually takes around 3 hours. Huayna Picchu mountain is the most famous of several short walks around Machu Picchu, the climb up the steep mountain of Huayna (also spelt Wayna) Picchu is located at the back of the ruins. At first glance, it appears a difficult climb but, despite the steep ascent, it’s not technically that hard. The scramble, which takes anything from 45 to 90 minutes, takes you through a short section of the Inca tunnel.

After finishing your visit to Macchu Picchu you will have to take the bus down to Aguas Calientes for lunch (not included) and if you want you can visit the town’s hot springs (admission 10 soles not included).

**Important - At 06:00 p.m. please be at the train station in Aguas Calientes. Your train leaves at 06.45 p.m. from Aguas Calientes to Ollantaytambo where you will be at 08.45 p.m. and there you have to meet with a driver who will to have a sign with your names and take you to Cusco.**



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#### Included in the price

- Train Tickets (Ollantaytambo – Aguas Calientes – Ollantaytambo)
- Bus ticket Aguas Calientes- Machupicchu-Aguas Calientes
- Entrance ticket to Machupicchu Huaynapicchu mountain
- Professional English guide in group service
- Hostel 1 night in Aguas Calientes Town.
- Breakfast in the Hostel in Aguas Calientes.

#### Not included in the price

- Entrance ticket to Huayna Picchu mountain
- Snacks, water, tips.
- Transport to the accommodation in Cusco after finishing the excursions.

#### We recommend

- Use tennis shoes or sneakers
- Drink lots of liquids on long excursions.
- Long pants
- Several t-shirts
- Sweaters/jackets
- Rain wear
- Camera
- Insect repellent and sunblock.

#### Traveller Not Tourist E.I.R.L.

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