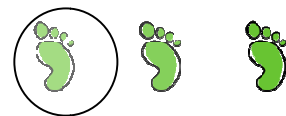




**Inka Jungle**  
**3 days / 2 nights**

This is the most amazing and exciting trip to Machu Picchu with bike and trek, we can discover more adventures among the mountains, valleys, rivers and crossing small villages, coca plantations, coffee and lots of types of fruit... walking on the old real Inca trail which connects the city of the Incas. We will also take a relaxing bath which is good for rheumatism. This trip is definitely considered one of the adventure routes to Machu Picchu where we will observe local people, buy some fruits and mineral water. We will use the local restaurants and familiar hostels... as we already know they are grateful for our guests.



Easy                      Moderate                      Difficult

**Itinerary**  
**Day one**

We will pick you up from your hotel between 7.30 a.m. to 8.00 a.m. and drive into the Sacred Valley of the Incas through Chincheros, Urubamba and Ollantaytambo until we reach Abra Málaga (4,350m). Here cyclists will change into the kit provided by us (gloves and helmets) following a 20 minute briefing from



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our experienced tour guide. From there we will begin our bicycle tour to Santa Maria (downhill and cross country). In this experience we will see archaeological sites like Huamanmarca and Inca jails as well as an incredible landscape. We will be able to appreciate birds of the tropics, as well as the medicinal plants in the cloud forest. This trip also takes us past many exotic fruit plantations such as mango, pineapple, papaya, avocado, coffee and coca plantations and we will be able to see local families in their daily routine. After a heartwarming lunch in Santa Maria, we will take a car to the town of Santa Teresa where we will meet with the group who left the day before. There we will have dinner and spend our first night.

Note – for river rafting we will start after lunch. It will take about 2 ½ hours, we will then return to Santa Teresa to sleep. Meals L, D

## Day two

During today we will have a walk of about 6 hours which will be divided into 2 parts, each 3 hours. During the first part we will see waterfalls coming from the glaciers. We will also see coca and coffee plantations arriving at Hidroelectrica where we will have lunch. In the afternoon we will continue the walk by the train tracks arriving at Machu Picchu town, or popularly known as Aguas Calientes. There we will have dinner and spend our last night at the feet of the great Machu Picchu. Accommodation in a hostel.

## Day three

Very early we start our hiking to Machupicchu archaeological site and the chance to see the sunrise, before having a guided tour for two hours. You will then have free time, perhaps to visit the Huayna Picchu and other places, before taking the bus down to Aguas Calientes. In the afternoon, transfer by train to Ollantaytambo. In Ollantaytambo you will take the bus to Cusco.

## Included in the price

- Pick you up from hotel in the morning and transfer in bus to Abra Malaga.
- Mountain bike, Helmet, gloves
- Entrance to Machupicchu.
- English speaking professional guide.
- Meals (02B, 02L, 02D).
- Train ticket Aguas Calientes to Ollantaytambo.
- Two nights in a hostel (Santa Teresa y Aguas Calientes).
- Bus ticket to Ollantaytambo – Cusco.



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## Not Included in the price

- Breakfast on the first morning. Some hotels offer an early morning breakfast service.
- Lunch in restaurant in Aguas Calientes on day 4 of the trek.
- Entrance to the thermal springs in Aguas Calientes US\$ 5.
- Tips.
- Bus to up and down to Aguas Calientes US\$20.00
- Entrance to the Huaynapicchu Mountain US\$12.00

## We recommend

- A backpack with a change of clothes for the whole period of the trek. Recommended: T shirts, shorts and some warm clothes.
- Rain jacket or poncho (plastic ponchos can be purchased in Cusco).
- Strong, comfortable footwear.
- Water bottle
- Flashlight and batteries.
- Hat or cap to protect you from the sun.
- Sun block (sun protection cream).
- Insect repellent.
- Toiletries, towel and toilet paper.
- Selection of small snacks, chocolate, dried fruit, biscuits etc.
- Camera, plenty of film and spare batteries.
- Swimsuit (if you plan on visiting the hot springs at Aguas Calientes after the trek - entrance not included in price).
- You also need to bring your original passport on the trail and your student ISIC card (if claiming a student discount)
- **Bring 2 pairs of shoes in the rainy season (December to March), also a poncho and other waterproof clothing. You will need a small backpack, your original passport and extra money in soles.**

## Traveller Not Tourist E.I.R.L.

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